

0-3 MONTHS

- Raises head slightly off floor or bed when placed on stomach
- Holds head up momentarily when supported
- Alternates kicking legs when on back
- Thrusts arms in play
- Random movements become more purposeful

- Closes hand on your finger
- Fixates on your face from 12" away
- Looks at your face
- Smiles in response to adult
- Coos with pleasure or displeasure
- Grasps rattle when touched to hand
- Maintains grasp briefly
- Looks at own hands
- Visually tracks past midline

- Stops movement or quiets in response to sound
- Startles in response to sound
- Fixes gaze on a spoon or bottle
- Quiets when picked up
- Sucks well using lips, cheeks, and/or tongue appropriately
- Coos and gurgles

3-6 MONTHS

- Lifts head and chest when on stomach and prop on forearms
- Head bobbling in supported sitting
- Rolls from side to side
- Rolls from stomach to back
- Hands to midline
- Makes batting movements
- Sits briefly with upper extremity support

- Holds toy for 1 minute
- Grasps toy when in reach
- Holds toy with both hands at midline
- Recognizes parent
- Smiles at mirror
- Begins stranger anxiety
- Exhibits anxiety over separation from parent
- Plays peek-a-boo
- May begin to eat soft foods (cereal, pureed fruits and vegetables)

- Moves eyes in the direction of sound
- Produces single syllables ("da", "ba")
- Smiles on sight of other's face
- Looks in response to own name
- Recognizes bottle and spoon
- Begins babbling with double syllables ("dada")
- Vocalizes to gain attention
- Sucking becomes more voluntary

6-9 MONTHS

- Reaches for objects while on stomach
- Pivots on stomach
- Pulls self forward on stomach
- Rolls from back to stomach
- Sits alone briefly
- May assume quadruped and rock
- Moves from sitting to lying on stomach
- Stands with support

- Transfers toys between hands
- Rakes with fingers
- Removes peg from board
- Uses pinch to pick up small objects
- Claps hands
- Shows dislike for certain people/things
- Shows others toys
- Explores environment
- Tests parents' reactions
- Expresses several emotions
- Opens mouth to wait for a spoon to enter
- Uses top lip to clean the spoon
- Eats soft cookies or lumpy foods
- May drink from a straw
- Begins practice drinking from a cup (9 months)

- Responds to facial expressions
- Attempts to imitate gross gestures
- Understands parents' gestures
- Differentiates between a few words
- Looks at common objects when named
- Understands "no"
- Babbles multiple syllables
- Uses a wide variety of sound combinations
- Babbles with intent while looking at others - "Socialized babbling"
- Imitates intonation patterns and speech sounds
- Shouts to attract attention
- May say "dada" or "mama"
- Some gesture language

9-12 MONTHS

- Sits alone with trunk rotation
- Pivots and scoots in sitting
- Creeps in quadruped
- Pulls to stand
- Cruises
- Stands alone momentarily
- Assumes tall kneel
- May begin walking independently

- Pokes finger into a hole
- Shakes toys
- Uses neat pinch to pick up cheerio
- Resists adult control
- Gives toy to adult
- Develops a sense of humor
- Desires to be the center of attention
- Displays independent behavior
- Says "no"
- Imitates adult behavior
- Exhibits separation anxiety
- Foods with varying textures introduced
- May take most liquids from a cup though breast or bottle feeding may continue
- May use tongue under the cup spout for additional support
- May have controlled/sustained bite (12 months)

- Turns head immediately to own name
- Responds with searching movements in response to the questions "where's the ...?"
- Responds to "no" 50% of the time
- Comes when called
- Understands and follows simple commands regarding body action
- Understands some descriptive words like "hot"
- Vocalizes during play
- Vocalizes to a mirror
- Jargon begins as babbling decreases
- Uses a question inflexion
- May acquire first true words (10-18 months)

12-18 MONTHS

- Able to start/stop/turn while walking
- Creeps up stairs
- Crawls up onto furniture
- Walks up one step at a time with hand held or hand rail
- Walks sideways and backwards
- Kicks playground ball forward
- Runs stiffly
- Stands on one foot with help
- Uses riding toys

- Dumps objects from bottle
- Begins to turn pages of a book
- Stacks 2-4 blocks
- Puts many objects into containers
- Scribbles on paper
- Removes socks
- Helps with dressing by pushing arms and legs through clothing
- Throws a ball overhead
- Uses a controlled bite for more foods
- Has more control over the lips and tongue

- Follows simple commands
- Points to objects he recognizes
- Identifies two or more objects or pictures from a group
- Points to one to three body parts on command
- Understands 120-275 words
- Uses 3-20 words
- Words spoken are 50% composed of nouns
- May omit sounds at the end or beginning of words
- Some echolalia
- May label familiar objects
- May say "all gone" or ask for "more"

18-24 MONTHS

- Walks alone
- Pulls toys while walking
- May walk up steps
- May run with immature running pattern

- Can match simple shapes in a puzzle
- Turns single pages in a book
- Expresses affection
- Wide variety of emotions
- Interacts with peers
- Plays beside peers
- Wants control of others
- Can help undress himself
- Drinks from a cup
- Feeds self with a spoon
- Capable of chewing with lips closed (but often does not)
- Should not lose food or liquid when chewing with the mouth open
- Uses only Sippy cups, open cups or straws

- Responds to "look at" with common familiar objects
- Points to three or more body parts on self or doll
- Identifies five or more pictures
- Understands approximately 300 words
- Follows two part commands
- Use of more true words than jargon
- Uses approximately 50 recognizable words
- Uses some verbs
- Produces animal sounds or uses its name
- Nods head "yes" or "no"
- Verbalizes "no"
- Says own name upon request or refers to self by name
- Uses possession
- Begins to use two to three word phrases
- Uses question inflection at the end of phrases

2 YEARS

- Kicks a ball
- Steers a push toy
- Climbs up and down objects/stairs or walks up and down stairs using railing or parent
- Jumps down from small step
- Walks on tiptoes
- Jumps off both feet
- Stands on one foot
- Runs
- Throws a ball overhand
- Catches a ball with trapping
- Gallops with preferred foot leading

- Makes or copies straight lines
- Builds a tower of more than 8 blocks
- May use one hand more than the other
- May develop food preferences
- Pulls on simple garments
- Feeds self with a spoon and fork with little spilling

- Points to/identifies pictures when they are named
- Uses sentences of 2 to 4 words
- Knows names of familiar people and body parts
- Finds things even when hidden under two or three covers
- Begins to sort shapes and colors
- Follows simple two-step instructions

3 YEARS

- Uses alternating gait when going up stairs and possibly when going down
- Rides a tricycle
- Runs easily
- Hopping may emerge

*** At 3.5 years of age, the child may experience a period of decreased coordination and security.*

- Builds tower of 10 or more blocks
- Turns paper book pages one at a time
- Copies a circle and simple shapes with a pencil or crayon
- Uses toys with buttons, levers, or moving parts
- Turns doorknobs or door handles
- Puts on socks, shoes and/or pants without buttons
- Develops a dominant hand
- Cuts on a line
- Washes hands independently
- Awareness of gender identity
- Watches other children and briefly joins in play
- Uses objects symbolically in play

- Carries on a conversation using 2-3 sentences
- Talks well enough for strangers to understand
- Knows and says name/age/sex
- Names a friend
- Uses some pronouns and plurals
- Understands some prepositions
- Plays make-believe with dolls/animals/people
- Follows instructions with 2 or 3 steps

4 YEARS

- Walks down stairs with alternating gait easily
- Catches a ball without trapping
- Hops and stands on one foot
- Catches a bounced ball most of the time

- Draws a person with 2-4 body parts
- Cuts simple shapes
- Starts to copy some capital letters
- Uses a tripod grasp with writing utensils
- Washes hands
- Brushes teeth
- Dresses and undresses independently
- Follows simple directions
- Shares toys
- Takes turns with assistance
- Initiates/joins in play with other kids
- Makes up games
- Pours

- Uses "he" and "she" correctly
- Tells stories
- Names some colors, letters, and numbers
- Tells you what she thinks will happen next in a book
- Starts to understand time
- Understands "same" and "different"
- Sings a simple song from memory
- Uses sentences that give lots of details
- Produces rhyming words

5 YEARS

- Stands on one foot for 10 seconds or longer
- Hops, skips, jumps forward 2 or more feet
- Performs a somersault
- Accomplishes precise overhand throwing
- Jumps rope, swings, and climbs with ease

- Handedness is well established
- Helps with household tasks
- Builds forts or houses
- Builds and plays with blocks
- Draws a person with 6 body parts
- Prints some letters or numbers
- Copies triangles or other geometric shapes
- Eats and dresses independently

- Counts 10 or more things
- Tells simple stories using full sentences
- Speaks clearly
- Uses tense appropriately
- Understands age appropriate stories when read aloud
- Participates appropriately in a conversation
- Understands real vs. make-believe